

**Liberty Bell High School  
Mountain Lion Cross Country  
2008**



<b>Date</b>	<b>Site</b>	<b>Release</b>	<b>Bus</b>	<b>Race</b>
Sept 13	@ Tonasket Invite	-----	8:45	11:30
Sept 20	@ Columbia Mid Basin	-----	7:00	10:00
<b>Sept 23</b>	<b>Liberty Bell Invite</b>	-----	-----	<b>3:30</b>
Sept 27	@ Wenatchee Invite	-----	6:45	10:00
Oct 4	@ Mt Baker Invite	-----	4:45	10:00
	Depart 10/3 @ 3:30			
Oct 7	@Omak	1:15	1:30	3:30
Oct 11	@Quincy Invite	-----	6:45	11:00
Oct 18	@ Colville	-----	-----	10:00
	Depart 10/17 @3:30			
Oct 25	NCW B Championships	TBD	TBD	TBD
Nov 1	Regionals	TBD	TBD	TBD
Nov 8	State @ Pasco	TBD	TBD	TBD

Head Coach: Craig Herlihy